

## **Prayer Station: Clothed with Christ**

Galatians 3:26-27 says, *“In Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ.”*

What do you think it means to be clothed in Christ?

As you contemplate this, take a t-shirt sticky note and a pen.

Write “Christ” as many times as you can on the sticky note, as a reminder that you are clothed in Christ.

*How might remembering that you are clothed in Christ influence the way you live?*

*How might remembering that you are clothed in Christ impact your self-image?*

As you think about your answers to these questions, quietly breathe in and out. As you breathe out, simply utter the word “Christ” as your prayer.

Take your t-shirt with you as a reminder that you are clothed in Christ.