

## **Blended families**

For better or worse, your family is a unit.

Think about each person in your immediate family. As you do, write each person's name (including your own) on the outside of one of the small boxes.

Next, think about what each person in your immediate family uniquely contributes to it.

Then choose a color of sand to represent each person in your immediate family.

Take some of each color sand and place it in the small container, creating a design of some sort as you do. As you do, thank God for the ways in which that person uniquely contributes to your family.

Leave your box on the table.

Finally, choose someone else's box of sand. Pray for each person whose name is written on the container.