

With This Ring, I Thee Wed

In a wedding ceremony, when rings are exchanged, the following words are said:

Take this ring as a sign of my love and faithfulness. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Throughout the New Testament, the church is called the Bride of Christ.

Accordingly, this means that as in a marriage, Jesus is faithful to us. In the same way, we are called to be faithful to him.

Take a ring and place it on your ring finger.

Then thank God for the ways that you have experienced his faithfulness.

Next, imagine what it would look like to remain faithful to Jesus throughout your entire life. Ask God for the courage and ability to live this way.

Finally, take off your ring and return it to the table. As you do, close your prayer by saying “Amen.”